



300 Country Club Road, Wylie, Texas 75098
www.wylietexas.gov

City of Wylie
Public Information Office

MEDIA ADVISORY

Media Contact: Craig Kelly
972.345.8277 (mobile)
craig.kelly@wylietexas.gov

Black Light Zumba Dance Party Celebrates Wylie's Health, Fitness Month

WHAT: Ditch the workout and join the party at Wylie Recreation Center's Black Light Zumba Dance Party Saturday, Jan. 16, 8:30 – 10 pm. More than 100 people will take over the gym and have a blast as they move and glow under black lights. The Zumba party celebrates Wylie's Health and Fitness month encouraging citizens to "Go, Get Fit, Make Friends, and Have Fun!"

Guests are encouraged to wear white. Glow bracelets and neon face paint will be provided for those wanting to stand out. Admission to the event is \$5 in advance, \$8 at the door.

Zumba is a fusion of Latin and international music creating a dynamic, exciting and effective cardio exercise session. The routines feature interval training techniques with a combination of fast and slow rhythms that tone and sculpt the body.

WHEN: Saturday, January 16, 2016
8:30 - 10 pm

WHO: Wylie residents, visitors and fitness enthusiasts

WHERE: Wylie Recreation Center
300 Country Club Rd., Bldg. 200
Wylie, Texas 75098