

# SAVE THE DATE

**DINNER DOUBLE FEATURE**  
**2/9 @ 4PM**  
**SPACE IS LIMITED.**  
**REGISTER BY 2/4.**

**WWW.WYLIETEXAS.GOV | 972-516-6349**



Activity Registration  
<https://apm.activecommunities.com/wylie>



email  
[Recreation@WylieTexas.gov](mailto:Recreation@WylieTexas.gov)



City of Wylie Website  
[WylieTexas.gov](http://WylieTexas.gov)



digiREC news and blog  
[WylieRecreation.com](http://WylieRecreation.com)



Instagram  
[@WylieRecreation](https://www.instagram.com/WylieRecreation)



Facebook  
 Wylie Recreation and City of Wylie, TX



Twitter  
[@WylieRecreation](https://twitter.com/WylieRecreation) and [@WylieParks](https://twitter.com/WylieParks)

# Sr Rec Center

800 THOMAS - 100 | 972-516-6349 | [Recreation@WylieTexas.gov](mailto:Recreation@WylieTexas.gov) | January 2019

## SPECIAL EVENTS

### Coffee Talk

You bring the ideas, we provide the snacks. Spend time with staff and peers talking about the new recreation wants and needs for activities, trips, and how you can help each other enjoy the center more. Be first to get insider information on upcoming recreation and city events.

#### Senior Recreation Center

**Ages: 55 Yrs +**

W	1/2	12:30 - 1:30 PM	No Charge	9153
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### The Reelers

Calling all movie buffs. Meet with fellow movie lovers to enjoy a mix of comedy and drama, cult classics, modern-day masterpieces, and black and white favorites at the center. Grab a bag of complimentary popcorn while you watch, and break for a slice of pizza at lunch.

#### Senior Recreation Center

**Ages: 55 Yrs +**

#### Charlotte's Web & Dial M for Murder

Tu	1/8	10 AM - 3 PM	No Charge	9187
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#### Mamma Mia 1 & 2

Tu	1/22	10 AM - 3 PM	No Charge	9188
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### Celebration Luncheon

Happy birthday to you, and you, and you. Give and get celebratory wishes during this long-standing Wylie tradition. Enjoy a delicious lunch followed by a delectable dessert. Eat, talk, laugh and stick around for a chance to win one of the many door prizes. Serving: Chinese food. Register by Monday prior to event.

#### Senior Recreation Center

**Ages: 55 Yrs +**

F	1/18	11:30 AM - 1 PM	No Charge	9256
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### January is

## FITNESS MONTH

### Take a Walk Wednesdays

Get moving with friends and take a walk around Community Park.

#### Senior Recreation Center

**Ages: 55 Yrs +**

January 2, 9, 16, 23, & 30  
 12 - 12:30 PM

### BMI Testing

Achieve your New Year's fitness goals and find out your current BMI.

#### Senior Recreation Center

**Ages: 55 Yrs +**

January 2, 9, 16, 23, & 30  
 10 AM - 12 PM

### Fresh Fruit Fridays

Stop by the kitchen for a healthy snack and a fun fruit fact of the day. While supplies last.

#### Senior Recreation Center

**Ages: 55 Yrs +**

January 4, 11, 18, & 25

January 2019

# TRIPS LET'S GO!

## Museum of Science and History

"The stars at night are big and bright." Travel to Fort Worth Museum of Science and History and get to know the universe from your backyard at Noble Planetarium's presentation of "Texas Sky Tonight." Wander through exhibits displaying various forms of energy resources found in the area, and dinosaurs that wandered North Texas and uncover interesting facts about the human body. Bring money for lunch. Questions? Contact Wylie Senior Rec staff, Recreation@WylieTexas.gov or 972-516-6349.

**Ages: 55 Yrs +**  
Th 1/10 9:15 AM - 5:15 PM \$25 9077

## British Flying School Museum

Celebrate the spirit and honor the sacrifices. Travel to the site of the first and largest World War II flight training school in the United States. Discover how the citizens of Terrell opened their homes to the British Royal Air Force from 1941 to 1945 and how it impacted the war. Bring money for lunch. Questions? Contact Wylie Senior Rec staff, Recreation@WylieTexas.gov or 972-516-6349.

**Ages: 55 Yrs +**  
Th 1/17 9:30 AM - 2 PM \$15 9078

## Mary Kay Museum

Part history lesson and part tribute. Explore this unique museum dedicated to one of America's most famous businesswomen. Located inside the soaring glass lobby of the Mary Kay World Headquarters, the museum showcases Mary Kay's dream that began more than four decades ago. Bring money for lunch. Questions? Contact Wylie Senior Rec staff, Recreation@WylieTexas.gov or 972-516-6349.

**Ages: 55 Yrs +**  
Th 1/24 9:15 AM - 1 PM \$15 9079

## Crow Collection of Asian Art

Explore the beauty and traditions of Asia. Delve into a docent-led tour about the museum's rich artistic heritage and how one man's love of art turned into a collection of historical and contemporary pieces. Marvel at a complete samurai armor suit dating back to the 1600s and browse the award-winning Lotus Shop. Bring money for lunch. Questions? Contact Wylie Senior Rec staff, Recreation@WylieTexas.gov or 972-516-6349.

**Ages: 55 Yrs +**  
Th 1/31 9:45 AM - 2 PM \$15 9080

## Chow Critics

Foodies unite. Join your fellow food lovers and expand your palate by trying all the best restaurants around town. Enjoy anything from Chinese food to fried chicken, and top it off with a sweet treat. Bring money for lunch and dessert at the restaurant.

**Ages: 55 Yrs +**  
**Joe Willy's**  
Th 1/3 11 AM - 2 PM No Charge 9072

## QUESTIONS ABOUT TRIPS?

CONTACT WYLIE SR REC STAFF,  
RECREATION@WYLIE TEXAS.GOV  
OR 972-516-6349. REGISTER PER  
PERSON. BRING AT LEAST \$12  
FOR LUNCH.

# SENIOR SERVICES

## MOW Congregate Lunch

Meals on Wheels Collin County provides a nutritious lunch for seniors at the Senior Rec Center. Call or sign up with Senior Rec Center staff before noon the day before to make a reservation for a hot meal with 1/3 of your recommended vitamins and minerals. See Senior Rec Center front desk staff for registration forms and monthly menu.

**Senior Recreation Center**  
**Ages: 60 Yrs +**  
M - F 1/2 - 1/31 11:30 AM - 1:30 PM No Charge

## Store Trip

You do the shopping and we will do the driving. Every first and third Tuesday the bus picks you up from your home and takes the group to run typical shopping errands. Usual stops may include Walmart, Dollar Tree, and the bank. Bring money for lunch and shopping.

**Senior Recreation Center**  
**Ages: 55 Yrs +**  
Tu 1/15 10 AM - 2 PM No Charge 9236  
Tu 1/29 10 AM - 2 PM No Charge 9237

## Library Trip

Dust off your library card. Join your fellow book lovers for a trip to Wylie's Smith Public Library. You will have time to scan the shelves for the latest additions or check out an old favorite. A minimum of four riders required. Registration required.

**Senior Recreation Center**  
**Ages: 55 Yrs +**  
W 1/9 12:30 - 1:30 PM No Charge 9331  
W 1/23 12:30 - 1:30 PM No Charge 9332

## WISD Gold Card Program

Join the Wylie Independent School District's Gold Card program and enjoy free admission to Wylie ISD home athletic events and reduced ticket prices for most activities sponsored by the school district. A Senior Rec Center bus provides transportation to select events throughout the year. See Senior Rec Center front desk staff for registration forms.

**Senior Recreation Center**  
**Ages: 65 Yrs +**

## North Central Texas Area Agency on Aging

The Area Agency on Aging has a new way to help you with healthcare, drug, food, and utility costs. Staff at the Benefits Enrollment Center can submit applications for you if you meet the requirements for one or more of the following programs:

- Medicare Savings Programs (MSPs)
- Medicare Part D Extra Help (EH)
- SNAP food assistance
- LIHEAP/CEAP utility assistance
- SSI/Medicaid
- Programs for prescription help, tax relief, or respite care

You may qualify if you have limited income and qualify for Medicare or have a disability. Call 1-800-272-3921, ext. 7364 or 7687, or email [benefits@nctcog.org](mailto:benefits@nctcog.org).

## Collin County Rides Program

Collin County Rides Program is a Dart operated taxi subsidy service available to qualifying residents of Allen, Wylie, and Fairview who need to travel anywhere within Collin County or to the Dart Rowlett train station. You may qualify if you are 65 years of age or older or have a disability. For more information about how to apply and pricing, call Dart's Certification office at 214-828-6717 or visit [www.dart.org/rides](http://www.dart.org/rides).

# FAQs

## HOW DO I GET ON THE BUS PICK UP LIST?

Bus pick up to and from Wylie Senior Rec Center is available M-W-F for Wylie Residents. See front desk staff to get your name on the pick up list. If the bus is already full your name will be added to a waitlist.

## WHAT IS A STORE TRIP?

Every other Tuesday the bus will pick up riders and take them around town to run errands. Typical stops include Walmart and Dollar Tree. Special requests to other local shopping is subject to approval.

## WHAT IF I HAVE TO CANCEL A TRIP?

Cancellation must be made 24 hours prior to the scheduled start time. Notify a Wylie Recreation staff person. Refer to the Activity Menu for more information on Senior Rec Center Refunds.

## HOURS & LOCATION

800 Thomas Street - 100  
972-516-6349

### MONDAY - FRIDAY

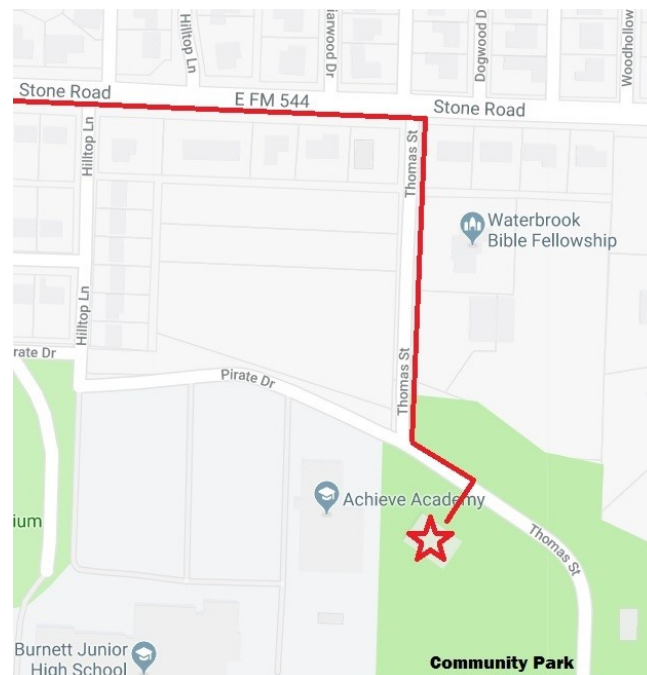
8 am - 4 pm

### SATURDAY

9 am - 3 pm

### SUNDAY

1 - 5 pm



## Senior Rec Center ID

Senior Rec Center IDs are available at no charge for ages 55 + at Wylie Senior Rec Center. Gain access to Open Play activities. Review Rec Pass Terms of Use, Facility Rules and Guidelines prior to sign up.

# OPEN PLAY

## JOIN IN THE FUN.

**OPEN GAMES, GROUP EXERCISE, PING PONG, FITNESS ROOM, BINGO, WII GAMES, BRIDGE, PINOCHLE, AND MORE.**

### Bingo

Spend the afternoon with friends playing bingo rounds that include new and challenging patterns. Listen to the caller for rules, patterns, and number called. Bingo and choose a prize from a selection of household items.

#### Senior Recreation Center

**Ages: 55 Yrs +**

F 1/4 - 1/25 12:30 - 1:30 PM No Charge

A Senior Rec Center ID is required to participate. Seating on a first come, first served basis.

### Group Exercise

Participate in a fit and fun low-impact workout. This unique curriculum accommodates the needs of people that have trouble standing on the floor to exercise. The combination of resistance bands, arm weights, and chair exercise keep you engaged and feeling great. Wear athletic clothes and tennis shoes. No class 1/18.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Joyce McGaughey

M W F 1/2 - 1/30 8 - 9 AM No Charge

M W F 1/2 - 1/30 9:30 - 10:30 AM No Charge

A Senior Rec Center ID is required to participate. Seating on a first come, first served basis.

## AWESOME EXPERTS

**JOYCE MCGAUGHEY** teaches group exercise at the Senior Recreation Center. She is a senior herself and has been volunteering her time since 2011 to make this program the success it is. Her class has grown exponentially since its early days due to her motivation and determination to help her peers be fit and live a healthy life. Awesome expert for Wylie Recreation since 2011.

**JAN WILLS** is a lifelong artist and advocate. Her experience in oil painting, watercolor, and drawing led her to share her passion and begin teaching in 1978. Jan's goal is for her students to have fun and learn how to use skills they never knew they had. Jan believes "anyone can draw; you just have to give them the tools." Awesome expert for Wylie Recreation since January 2019.

**KATE PHILIPPI** teaches Basic Floral Design and Gardening. She has been an active participant of the Senior Recreation Center since 2014. Kate started in the floral industry in 1973. She studied floral design and earned her Florist Transworld Delivery master design certification. She has owned four flower shops in Tulsa, Oklahoma, and taught floral design at the Tulsa Technology Center for 12 years. Awesome expert for Wylie Recreation since June 2014.

**LUPE KUHARSKY** offers Wreath Making. Lupe is a former educator and administrator for Mesquite ISD and has been a participant of the Senior Recreation Center since 2012. She was inspired to start crafting at a young age by her sister, who owned a craft store, and her neighbor who loved to create jewelry. In addition to designing wreaths, her favorite crafts include making blue jean purses and cross-stitching. Awesome expert for Wylie Recreation since September 2016.

# THE ARTS

## Drawing

**NEW!**

Every artist was first an amateur. Receive basic step-by-step instruction and create stunning drawings and works of art. Socialize with friends, enhance fine motor skills, and gain an appreciation for art. Grasp the tools, gain skills, and continue drawing on your own. Supply List prints on receipt.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Jan Wills

W	1/9 - 1/30	10 AM - 12 PM	\$65	9123
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## Basic Floral Design

Learn the ins and outs of floral design from a professional florist. Go through the step-by-step process of floral design. Learn the basic design elements and principles, and create a beautiful project for your home. Put together various types of floral arrangements, including corsage, and round arrangements. All supplies provided.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Kate Philippi

Tu	1/8	10 - 11 AM	\$5	9034
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## Wreath Making

Deck out your door. Create a beautiful wreath using a variety of textures, ribbon, and décor. Learn how to select and place stems and color for a balanced and whimsical look. Take it home or surprise a friend with a unique handmade gift. All supplies provided.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Lupe Kuharsky

Tu	1/22	12:30 - 1:30 PM	\$5	9141
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Tu	1/22	2 - 3 PM	\$5	9145
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## Gardening

Embrace your green thumb. Learn and share gardening tips while socializing with friends and getting some fresh air. Grow your very own fruits and vegetables alongside a skilled instructor. Gain valuable plant care tips. We provide the seeds, tools, and soil.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Kate Philippi

W	1/2	8:30 - 9:30 AM	\$3	9061
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W	1/16	8:30 - 9:30 AM	\$3	9062
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## Card Making

Think outside the card store. Learn how to create your own cards by embellishing paper with stamps, stickers, folds, fonts, and more. Get one-on-one help from the instructor as you craft two unique, personalized cards for friends and family. All supplies provided.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Angela Daniel

Tu	1/10	10 - 11 AM	\$3	9134
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## Woodworking

Release your inner craftsman. Learn basic techniques of woodworking as you progress at your own pace. Transform wood into beautiful pieces for you to take home or give to friends and family. Each month features a new project for you to nail, glue, and paint to perfection. All supplies provided.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Matt Kruse

F	1/4 - 1/25	1:30 - 2:30 PM	No Charge	9163
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# HEALTH & FITNESS

## SENIOR REC CENTER FITNESS AREA

Stay healthy and fit in a safe, clean and accessible environment. Wylie Senior Rec Center offers your choice of Precor tread mills (2), recumbent bikes (2), Precor elliptical machine, Inflight Fitness Vanguard Multi Gym, Stair Master stair climber, exercise balls, and various hand weights to keep your exercise routine exciting. Watch your local news or favorite shows on the fitness TV while you work out. Pick up literature featuring nutritional guidelines and healthy living tips. If an indoor workout is not for you take a stroll at Wylie's Community Park located outside the Senior Rec Center. Fitness area is available during business hours.

## Zumba Gold

Join the party and be a part of the Zumba movement. This aerobic fitness program with Latin flare fits your needs. Learn the basic steps of samba, salsa, merengue, and mambo set to upbeat Latin rhythms. Move to the beat at a comfortable speed, or modify the intensity of your workout with the use of a chair. All dance levels welcome. Wear athletic clothes and tennis shoes.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Lori Jaynes

Tu	2 - 3 PM	\$3/Class	8810
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## Chair Yoga

Namaste. Improve your mind, balance, flexibility, and strength during a low-impact, easy-to-follow cardio workout that incorporates a DVD with live instruction. With the aid of a chair, resistance training, and stretching, learn to relax your mind and body, promoting active mindfulness and meditation. Wear athletic clothes and tennis shoes.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Lori Jaynes

Sa	1/5 - 1/26	10 - 10:45 AM	No Charge	9169
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## Golden Tai Chi

Unite your mind and body. Combine tai chi moves and qigong exercise during a whole-body workout that leaves you feeling relaxed and energized. With the help of an easy-to-follow DVD and live instruction, improve your mobility, balance, strength, and flexibility. Exercise while sitting or standing. All ability levels welcome. Wear athletic clothes and tennis shoes.

### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Lori Jaynes

Sa	1/5 - 1/26	11 AM - 12 PM	No Charge	9175
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## Fitness Orientation

Join us in the fitness room for a tutorial on the basics of machine use and care from Senior Recreation Center staff. Get your questions answered to improve daily workouts.

### Senior Recreation Center

**Ages: 55+ Yrs**

Instructor: Staff PARD

W	1/23	10:45 - 11 AM	No Charge
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## [THE ARTS CONTINUED]

### Crochet

Get hooked. Chain, slip stitch, and double crochet your next craft project. Learn the basic steps of crochet while experimenting with a variety of color schemes and textures. Take home a great handmade project and the skills to make many more. All supplies provided.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Michelle Stone

#### Beginner

M	1/7	12:30 - 1:30 PM	No Charge	9223
M	1/21	12:30 - 1:30 PM	No Charge	9207

#### Intermediate

Instructor approval required.

M	1/7	2 - 3 PM	No Charge	9216
M	1/21	2 - 3 PM	No Charge	9217

### Craft Corner

Get crafty. Create one-of-a-kind treasures to keep or share with your friends and family. Quick and easy projects include something for everyone. Learn a new skill, or show off an old one in a friendly environment with fellow crafters. All supplies provided.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Alexis Armstrong

#### Glitter Necklace

W	1/16	12:30 - 1:30 PM	No Charge	9248
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### Creative Confections

Treat yourself to the sweetest projects. Discover a world of confectionary delight. Join in for a yummy and simple spin on cakes, candies, and cookies. Use items found in most home kitchens to transform ordinary sweets and treats into edible treasures. Baking supplies and ingredients provided.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Angela Daniel

#### Polar Bear Paw Cupcakes

M	1/28	12:30 - 1:30 PM	No Charge	9263
M	1/28	2 - 3 PM	No Charge	9268

## AWESOME EXPERTS

**SHAWN SLINGERLAND** teaches TechTalk. Shawn began his career in the computer industry in the early 80s as a computer programmer and retired in 2015 from CA Technologies. He enjoys spending his retirement taking and editing photos, and sharing his knowledge of computers with fellow seniors. Shawn is also a volunteer instructor for the City of Plano where he teaches his computer classes. Awesome expert for Wylie Recreation since 2018.

**MICHELLE STONE** teaches Crochet. Michelle has been working at the Senior Recreation Center since 2015. She has been crocheting since she was a teenager and continues to learn new stitches to bring to her students. Michelle enjoys sharing what she has learned with others and loves seeing the joy on students' faces when they understand a concept or master a new skill. Awesome expert for Wylie Recreation since June 2016.

**ALEXIS ARMSTRONG** offers craft instruction. She has been working for the Senior Recreation Center since 2017. Alexis has always enjoyed crafting with family and friends. She has helped with the holiday craft projects and decorating for parties and luncheons, and has even taken on the role of bingo caller since becoming a member of the team. Alexis enjoys helping others expand their creative expression, and have fun. Awesome expert for Wylie Recreation since 2017.

**LORI JAYNES** teaches Zumba Fitness. She considers herself a late bloomer in the exercise world, but believes it is never too late to begin a healthy lifestyle. Lori began working for the Senior Recreation Center in 2016, and received her Zumba Basic certification in 2017, and Zumba Gold certification in 2018 in order to share her passion for dance and music with seniors. Lori's goal is to get you moving and show that exercise should be about having fun.

### Texas Hold 'Em

Time to practice your poker face. Expand your skills or learn new techniques. Try your luck with the house dealer and learn when to bet, raise, call, or fold in this popular card game. Play friendly wagers, antes, and double downs for bragging rights. All levels welcome.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Matthew Kruse

M	1/7 - 1/28	10 AM - 12 PM	No Charge	9181
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### Rock On

#WylieRocks. Join in the painted-rock craze that combines creative time with friends and social media to brighten a stranger's day. Paint, place, and track your rocks as they embark on an expedition to spread cheer around local parks and trails. All supplies provided.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Pam Little

Tu	1/8	12:30 - 2 PM	No Charge	9040
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### Third Monday Book Bunch

Social networking and a good book. No batteries required. Immerse yourself in a good story with friends. Discuss thrilling tales, mysterious manuscripts, and awe-inspiring adventures. Paperback books selected a month in advance by the group based on group discussion and interest. October's class will be the planning meeting for the next year's books. This month is a free read. Share what you have read over the holidays or what is in your to-be read pike.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Donna Shirley

M	1/21	12:15 - 1:15 PM	No Charge	9230
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### TechTalk

Catch up with technology. Gain basic understanding of computers, smart phones, and tablet devices. Receive step-by-step instruction on online registration, video streaming, apps, and more. Watch live demos on a big screen and get tech questions answered. New topics covered each month.

#### Senior Recreation Center

**Ages: 55 Yrs +**

Instructor: Shawn Slingerland

Tu	1/15	10 - 11 AM	No Charge	9277
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## AWESOME EXPERTS

**ANGELA DANIEL** teaches Creative Confections and Card Making. She has been working for the City of Wylie since 2010 and at the Senior Recreation Center since 2016. Angela loves sharing her creativity and recipes with those around her. She has many great memories of cooking and baking with her grandmother, mother, and children. Her favorite quote is, "The fondest memories happen while gathered around the table." Awesome expert for Wylie Recreation since September 2016.

**MATT KRUSE** offers woodworking and Texas Hold 'Em instruction. Since joining the Senior Recreation Center staff in 2013, he has become the go-to handyman and card dealer. Matt is an experienced woodcrafter who can build anything from cabinetry to decorative figurines. Matt perfected his woodworking and whittling skills while growing up on the family farm. He loves to teach others the trade. Awesome expert for Wylie Recreation since June 2014.

**PAM LITTLE** leads the Rock On class at Wylie Senior Recreation Center. She has been part of the Senior Recreation Center team since 2016 and strongly believes in expressing yourself through art. Her love for crafting began when she was a Brownie in Girl Scouts and has grown into a full-time hobby in her adult life. Pam is a patient leader and enjoys engaging with her students in new crafting projects. Awesome expert for Wylie Recreation since 2017.

**DONNA SHIRLEY** from the Smith Public Library heads up the Third Monday Book Bunch. She has been with the library since 2003. Donna earned her Bachelor of Arts in Liberal Studies at Oklahoma Christian University and received a Master of Library Science from The University of Oklahoma. While she enjoys reading nonfiction and many other genres, she is especially fond of British mysteries and horror. Awesome expert for Wylie Recreation since November 2015.

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2 8 & 9:30 AM Group Exercise 8:30 AM Gardening 10 AM BMI Testing 12 PM Take a Walk Wednesday 12:30 PM Coffee Talk	3 11 AM Chow Critics: Joe Willy's	4 8 & 9:30 AM Group Exercise 9:30 AM Fresh Fruit Friday 12:30 PM Bingo 1:30 PM Woodworking	5 10 AM Chair Yoga 11 AM Golden Tai Chi
6	7 8 & 9:30 AM Group Exercise 10 AM Texas Hold 'Em 12:30 PM Beginner Crochet 2 PM Intermediate Crochet	8 10 AM Reelers 10 AM Pinochle 10 AM Basic Floral Design 12:30 PM Rock On 2 PM Zumba Gold	9 8 & 9:30 AM Group Exercise 10 AM Drawing 10 AM BMI Testing 12 PM Take a Walk Wednesday 12:30 PM Library Trip	10 9:15 AM Museum of Science and History 10 AM Card Making	11 8 & 9:30 AM Group Exercise 9:30 AM Fresh Fruit Friday 12:30 PM Bingo 1:30 PM Woodworking	12 10 AM Chair Yoga 11 AM Golden Tai Chi
13	14 8 & 9:30 AM Group Exercise 10 AM Texas Hold 'Em 10:30 AM FBC Happy Circle	15 10 AM Store Trip 10 AM Pinochle 10 AM TechTalk 2 PM Zumba Gold	16 8 & 9:30 AM Group Exercise 8:30 AM Gardening 10 AM Drawing 10 AM BMI Testing 12 PM Take a Walk Wednesday 12:30 PM Craft Corner	17 9:30 AM British Flying School Museum	18 9:30 AM Fresh Fruit Friday 11:30 AM Celebration Luncheon 12:30 PM Bingo 1:30 PM Woodworking	19 10 AM Chair Yoga 11 AM Golden Tai Chi
20	21 8 & 9:30 AM Group Exercise 10 AM Texas Hold 'Em 12:15 PM Third Monday Book Bunch 12:30 PM Beginner Crochet 2 PM Intermediate Crochet	22 10 AM Reelers 10 AM Pinochle 12:30 PM Wreath Making 2 PM Wreath Making 2 PM Zumba Gold	23 8 & 9:30 AM Group Exercise 10 AM Drawing 10 AM BMI Testing 10:45 AM Fitness Orientation 12 PM Take a Walk Wednesday 12:30 PM Library Trip	24 9:15 AM Mary Kay Museum	25 8 & 9:30 AM Group Exercise 9:30 AM Fresh Fruit Friday 12:30 PM Bingo 1:30 PM Woodworking	26 10 AM Chair Yoga 11 AM Golden Tai Chi
27	28 8 & 9:30 AM Group Exercise 10 AM Texas Hold 'Em 12:30 PM Creative Confections 2 PM Creative Confections	29 10 AM Store Trip 10 AM Pinochle 2 PM Zumba Gold	30 8 & 9:30 AM Group Exercise 10 AM Drawing 10 AM BMI Testing 12 PM Take a Walk Wednesday	31 9:45 AM Crow Collection of Asian Art		