

Opening February 1

# New Year + New Recreation Center = New You!

by Craig Kelly

New years' goals of better health and fitness will be realized for Wylie, Sachse, Murphy, Lavon and area residents in 2011. The 47,000 square foot City of Wylie Recreation Center will open its doors on February 1, 2011.

Located at 300 Country Club Road as part of the new City of Wylie Municipal Complex, the Recreation Center is a place where the entire family can benefit from health, fitness and fun. Get a jump on meeting your fitness goals... check out the new facility during one of our preview open houses January 22 – 30. Recreation Center staff will be on hand to answer questions, provide tours of the facility and register people for passes.

Physical, mental and social fun come in all forms at the new City of Wylie Recreation Center. Whether taking a stroll around the track or literally climbing the walls members will enjoy a wide range of activities and amenities that rival many high-dollar gyms.

## Open Houses

Meet the Staff...Tour the Facility  
Register for Passes

**January 22**  
10 am - 4 pm

**January 23**  
12 pm - 4 pm

**January 24 - 28**  
10 am - 8 pm

**January 29**  
10 am - 4 pm

**January 30**  
12 pm - 4 pm

Do your workouts include cardiovascular training? You will be thrilled with the range and quantity of machines featuring PRECOR equipment. The Recreation Center boasts over 35 pieces of cardio equipment ranging from treadmills to elliptical trainers to the interactive Trixter X-Dream bikes (we are the only city recreation center in Texas to offer these). Many of the pieces are even equipped with personal TV's.

Weight training is an important component to any fitness program. Members will find a complete circuit of Precor C-Line machines, dumbbells, a Smith Machine and the versatile

### Recreation Center Snapshot

- Climbing Wall
- Gym Area: Two Full Basketball Courts/  
3 Volleyball Courts
- Dividable Classroom
- Aerobics/Dance Studio
- Indoor Track
- Strength Equipment
- 36 Cardio Machines
- Drop-In Childcare

Functional Trainer. And Folks who prefer breaking a sweat the old fashioned way will enjoy the indoor track that wraps around the entire second floor of the facility.

As you raise your heart rate and burn calories on the second level mezzanine you can overlook the action below. The gym area can be configured for two simultaneous full court basketball games, one championship court or three volleyball courts. The spacious area features solid oak flooring, scoreboards and bleachers.

If basketball is not your game and gym equipment is not your thing... the aerobics/dance studio more than likely has an offering to get you moving. Classes for all interests and ages will be on the schedule including, Zumba, karate, ballroom dance, spin, pilates, yoga and much more. And don't forget about the climbing wall; adventure seekers will have a blast scaling this massive structure.

Of course, you don't have to break a sweat to have a great time. Innovative, creative classes for arts and crafts, painting and music are in the works. Planning your own fun? Rent one of the spacious rooms for events, celebrations and community happenings--there is even a full, restaurant quality, kitchen.

From public work sessions to surveys, residents have been the focus during the conception and planning of this amazing new facility. Anika Sacco, Recreational Programmer explains: "A lot of thought, effort, and detail has gone into making the recreation center not only visually appealing but also an up-to-date fully functioning facility that meets a variety of interests and needs."

Resident, non-resident and corporate passes are available with no contracts or long-term obligations, including a one-day option up to an annual pass. Lower rates apply for children ages 2-16 and seniors 55+. Families up to four can join for as little as \$325 a year. And if you purchase your annual pass before the February 1 opening, you will receive one month free.

Visit [WylieTexas.gov](http://WylieTexas.gov) for complete details including pass options and pricing, or stop by the Bart Peddicord Community Center located at 100 West Oak Street, 972-442-8119.

Carmen Powlen, recreation manager is eager for the February 1 opening. "I am excited that we will be able to enhance the quality of life for the citizens of Wylie and surrounding communities by providing positive recreation opportunities in a convenient and vibrant setting...complete with that "New Recreation Center smell." •



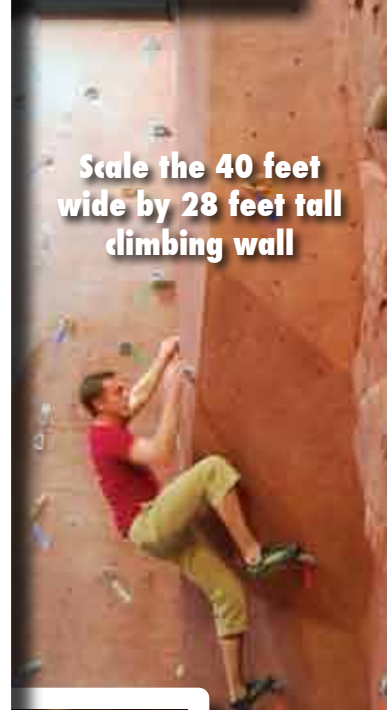
Basketball/Volleyball Courts



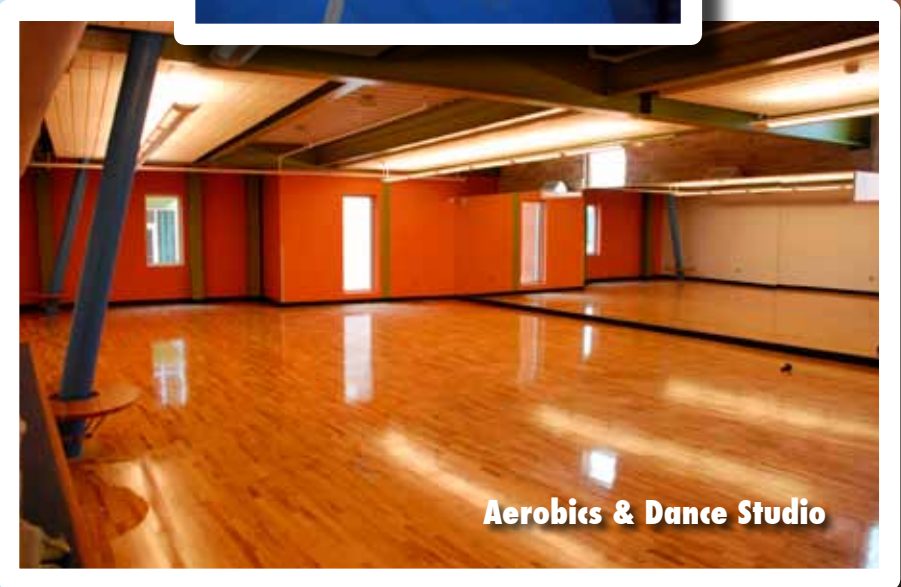
Cardio Mezzanine  
(Will feature 36 machines)



Indoor Walking/  
Jogging Track



Scale the 40 feet  
wide by 28 feet tall  
climbing wall



Aerobics & Dance Studio



**Wylie Recreation Center**  
300 Country Club Drive  
972-516-6360  
More Details at  
[www.WylieTexas.Gov](http://www.WylieTexas.Gov)